



Soul Journey Healing Retreat Application
Terrasini, Sicily
With
Just Steph

_____ Tuesday, September 14, 2021 thru Thursday, September 23, 2021

OR

_____ Tuesday, September 28, 2021 thru Thursday, October 7, 2021

Name: _____

Address: _____

Phone: _____

Email: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Relation to You: _____

How did you hear about this retreat? _____



What sparked your interest in a soul journey retreat

Do you have any expectations? If so, please share them.

Are you willing to participate in group discussions for your benefit and the benefit of the group_____

Are you excited to participate in the activities offered as part of this retreat?_____

What do you love about your life?_____

What areas in your life do you feel need improvement?_____

What do you love to do?_____

What questions do you have about me and/or this retreat?_____



Do You Have Any of the Following (check all that apply)

_____ **Food Allergies: Please Specify** _____

_____ **Food Aversions: Please Specify** _____

_____ **Medical Conditions that I should know about in the event you get sick** _____

Signature: _____

_____ **Check here if you are interested in adding on days to your trip on either end. Our travel agent, Leo Locke, an expert on travel to Italy, will contact you.**

For Office Use Only:

Notes: _____



Retreat Description:

This is a ten day eight night exclusive Soul Journey Healing retreat in Terrasini, Sicily. Sicily is the island off the bottom of the boot of Italy. It is part of the country of Italy. When I receive all of the flight information, I will work out transportation for you from the Palermo airport to your Sicily home. You may have to wait a few minutes as the other guests arrive to make the most out of the shuttle.

Plan on these activities during the retreat portion of the trip:

- 2 Soul Journey Talks per day
- 1 Healing Circle
- Daily Yoga and/or exercise
- Cooking Class
- Tour of a winery, olive oil and/or other facility
- 1:1 Soul Sessions with Me
- Daily Siesta/Rest

*Schedule is subject to change depending on weather or other unforeseen circumstances

What's Included?

Airfare

Transportation to and from Palermo Airport

All Meals

Tours

Cooking Lesson

Daily Yoga/Exercise

All Feel Groovy Talks

Retreat Materials

1 hour 1:1 Consultation with me (\$327 value)

1 Hour Post -Retreat 1:1 Consultation via Zoom (\$327 value)

Free Download of my e-book, The Only Way is Up: Just Steph's Perspective on Life

A signed copy of my latest book, "It's Not Personal, Sonny. It's Business: How to run your family, life and business like a Sicilian"

And some surprises!

