



Soul Journey Healing Retreat Application
Terrasini, Sicily
With
Just Steph

_____ Arrive Friday, June 10, 2022; Depart Saturday, June 18, 2022

_____ Arrive Friday, September 2, 2022; Depart Saturday, September 10, 2022

_____ Arrive Thursday, September 15, 2022; Depart Friday, September 23, 2022

Name: _____

Address: _____

Phone: _____

Email: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Relation to You: _____

How did you hear about this retreat? _____



What sparked your interest in a soul journey retreat

Do you have any expectations? If so, please share them.

Are you excited to participate in the activities offered as part of this retreat? _____

What do you love about your life? _____

What areas in your life do you feel need improvement? _____

What do you love to do? _____

What questions do you have about me and/or this retreat? _____



Do You Have Any of the Following (check all that apply)

_____ **Food Allergies: Please Specify** _____

_____ **Food Aversions: Please Specify** _____

_____ **Medical Conditions that I should know about in the event you get sick** _____

Where are you the happiest (not necessarily a geographical place)?

How would you describe your relationship to Spirit?

How do you handle the following:

A) Like a champ B) In fear C) In tears D)I don't

_____ Tough Conversations

_____ Toxic People

_____ My job

_____ Understanding how I feel

_____ Looking in the mirror, literally and figuratively

_____ Moving forward from my past

_____ Unhealthy relationships

_____ Love

_____ Forgiveness

_____ My Family/Extended Family



What do you believe about yourself?

What expectations do you have for yourself? What expectations do others impose on you?

After an upsetting event or high emotions, what do you do to get settled down?

What part of your life gives you the most anxiety?

Do you want to be less stressed? Deeply happy and content? Live your life?

Is there anything else you would like to share, or feel I need to know?

]Are you ready to make the investment of time and money to change things for you?



_____ I understand that this retreat is completely non-refundable. (Initial)

Purchasing trip insurance is the safest way to secure your investment, in the event you need to cancel. No Exceptions!

If governmental travel bans are executed, payments will be applied to a future date. If a new date is not acceptable, you are free to cancel. No refunds . Trip insurance is highly encouraged. In the event there is a price increase, your retreat investment will be honored.

Signature: _____

For Office Use Only:

Notes: _____

